



**Landsec**

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## Press release

**Title** Landsec and Invesco Real Estate welcome Orangetheory Fitness to Southside, Wandsworth.  
**From** Landsec  
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Landsec and Invesco Real Estate have welcomed Orangetheory Fitness to Southside, Wandsworth. The brand, home to an innovative gym concept, has opened a 4,939 sq ft unit on Garratt Lane.

Top-of-the-line equipment, upbeat music and motivational personal trainers make Orangetheory Fitness the most energetic fitness environment around. The Southside studio has 13 treadmills, 13 rowing machines, 13 suspension unit systems, benches for sessions of 10 to 39 people, as well as bike and strider options. The studio also has separate men's and women's restrooms and showers for convenience and comfort. Lockers, courteous staff and modern equipment complete the Orangetheory Fitness experience.

Orangetheory's heart rate monitored training is designed to maintain a target zone that stimulates metabolism and increases energy after the workout has finished to keep the body burning calories for up to 36 hours.

Deepan Khiroya, Senior Portfolio Director, Landsec, commented: "Our retail and leisure mix at Southside reflects the aspirational consumers that visit the centre on a regular basis; Orangetheory Fitness is an innovative and forward-thinking brand, who we are pleased to be able to add to our offering."

Cem Ahmet, Studio Manager, Orange Theory Fitness, commented: "Being a part of Southside, Wandsworth has been incredible for generating business and footfall. We have seen a dramatic increase in numbers week-on-week since opening and have created some amazing relationships with our fellow Southside shopping centre businesses."

Southside, a joint venture between Invesco Real Estate, the global real estate investment manager, and Landsec, is located in the heart of Wandsworth Town, and is home to over 80 retailers including Waitrose, River Island, Tiger and H&M.

**Ends**

### About Landsec

At Landsec, we believe great places are for people to experience and are made with the experience of great people. We own and manage some of the most successful and recognisable assets in the country. Our £14.1 billion portfolio spans 24 million sq ft of real estate and is a diverse mix of offices, retail and leisure.

In London, our portfolio totals more than £7.8 billion, and consists of 6.4 million sq ft of real estate. From the world-famous Piccadilly Lights to the transformation of Victoria, SW1, we deliver exceptional experiences for the businesses and people that live and work in, and visit, the capital.



In Retail, across our 17.6 million sq ft of assets, we create outstanding experiences for customers and guests alike. Combined with the strength and resilience of our portfolio, this means we regularly outperform industry benchmarks for footfall and sales. We offer more than convenience and choice, recognising that memorable destinations are key to attracting the shoppers and retailers of today, and tomorrow.

We also aim to lead our industry in critical long-term issues – from diversity and community employment, to carbon and climate resilience. Everything we do is grounded in experience and begins with people. We deliver value for our shareholders, great experiences for our customers and positive change for our communities. At Landsec, everything is experience.

Find out more at [landsec.com](https://landsec.com)

### **About Invesco Real Estate**

Invesco Real Estate is a global leader in the real estate investment management business with £49.5bn in real estate assets under management, 490 employees and 21 regional offices across the U.S., Europe and Asia. The firm was established in 1983 and has been actively investing in core, value-add and opportunistic real estate strategies since 1992. In Europe, IRE has eight offices in London, Munich, Milan, Madrid, Paris, Prague, Luxembourg and Warsaw, and around 150 employees. It manages 144 assets across 12 European countries and with assets under management of £8.3bn.

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